
ADULT UPPER EXTREMITY

- **Shoulder Routine**

- Order - XR Shoulder Comp Min 2 Views Right (or Left)
- Views
 - #1 AP external rotation
 - #2 AP internal rotation
 - #3 Scapular/lateral Y
- FOV - Include mid sternum medially to skin laterally

- **Shoulder 1 View**

- Order - XR Shoulder 1 View Right (or Left)
- View
 - #1 AP external rotation (*or neutral if unable to do external rotation*)
- Notes
 - Order only for PACU, post op or post reduction exams.

- **Scapula**

- Order - XR Scapula Right (or Left)
- Views
 - #1 AP
 - #2 Lateral
- Notes
 - AP view with elbow flexed & arm abducted 90° from body.

- **Clavicle**

- Order - XR Clavicle Right (or Left)
- Views
 - #1 AP
 - #2 AP 30° cephalic angulation

- **Acromioclavicular (AC) Joints**

- Order - XR AC Joints Routine Bilateral
 - Views
 - #1 Bilateral AP AC joints without weights
 - #2 Bilateral AP AC joints with 5-10 lbs weights
 - FOV - Include both shoulders joints
-

ADULT UPPER EXTREMITY (continued)

- **Humerus**

- Order - XR Humerus Right (or Left)
- Views
 - #1 AP (external rotation)
 - #2 Lateral (internal rotation)
- FOV - Entire humerus (shoulder to elbow)
- Notes
 - Orient images with shoulder up.

- **Elbow Routine**

- Order - XR Elbow Right (or Left) 3 Views
- Views
 - #1 AP
 - #2 External oblique
 - #3 Lateral
- Notes
 - Orient images with humerus up.

- **Elbow 2 Views**

- Order - XR Elbow 2 Views Routine Right (or Left)
- Views
 - #1 AP
 - #2 Lateral
- Notes
 - Order only for PACU, post op or post reduction exams.
 - Orient images with humerus up.

- **Forearm**

- Order - XR Forearm 2 Views Right (or Left)
- Views
 - #1 AP
 - #2 Lateral
- FOV - Entire forearm (elbow to wrist)
- Notes
 - Orient images with wrist up.

ADULT UPPER EXTREMITY (continued)

- **Wrist Routine**

- Order - XR Wrist Complete Min 3 Views Right (or Left)
- Views
 - #1 PA
 - #2 Oblique
 - #3 Lateral
- Notes
 - PA & oblique views with hand flexed.
 - Orient images with fingers up.

- **Wrist 2 Views**

- Order - XR Wrist 2 Views Right (or Left)
- Views
 - #1 PA
 - #2 Lateral
- Notes
 - PA view with hand flexed.
 - Order only for Rheumatology & post op exams.
 - Orient images with fingers up.

- **Hand Routine**

- Order - XR Hand Complete Min 3 Views Right (or Left)
- Views
 - #1 PA
 - #2 Oblique
 - #3 Lateral fan
- Notes
 - All views with fingers fully extended.
 - Orient images with fingers up.

- **Hand 2 Views**

- Order - XR Hand 2 Views Right (or Left)
- Views
 - #1 PA
 - #2 Lateral fan
- Notes
 - Both views with fingers fully extended.
 - Order only for Rheumatology & post op exams.
 - Orient images with fingers up.

ADULT UPPER EXTREMITY (continued)

- **Finger**

- Order - XR Finger "Num" Digit Right (or Left)
- Views
 - #1 PA entire hand
 - #2 PA affected finger
 - #3 Oblique affected finger
 - #4 Lateral affected finger
- Notes
 - All views with fingers fully extended.
 - Orient images with fingers up.

- **Thumb**

- Order - XR Finger Thumb Right (or Left)
 - Views
 - #1 PA entire hand
 - #2 AP thumb
 - #3 Oblique thumb
 - #4 Lateral thumb
 - Notes
 - All views with fingers fully extended.
 - Thumb images must include scaphoid.
 - Orient images with fingers up.
-